



Useful links - moving to/living in Sweden

We hope that these links may be of help to you if/when moving to and living in Sweden.

Government administration

Swedish Migration Board <i>Migrationsverket</i>	www.migrationsverket.se
Swedish Tax Agency <i>Skatteverket</i>	www.skatteverket.se
Swedish Social Insurance Agency <i>Försäkringskassan</i>	www.fk.se
Swedish Pensions Agency <i>Pensionsmyndigheten</i>	www.pensionsmyndigheten.se
Swedish Customs <i>Tullverket</i>	www.tullverket.se
Swedish Public Employment Service <i>Arbetsförmedlingen</i>	www.arbetsformedlingen.se
<i>Eures Adviser - Malin Dahl</i> <i>malin.dahl@arbetsformedlingen.se</i>	www.eures.europe.eu

Pensions and insurances

Occupational Pension ITP <i>Collectum</i>	www.collectum.se
Occupational Pension Specialist <i>Alecta</i>	www.alecta.se
Occupational insurances (private sector) <i>AFA</i>	www.afaforsakringar.se
Redundancy pay and help, occupational insurance <i>Trygghetsrådet</i>	www.trr.se

Labour organisations and Employers' association

The Swedish Association of graduate engineers <i>Sveriges Ingenjörer</i>	www.sverigesingenjorer.se
Swedish Organisations for Managers <i>Ledarna</i>	www.ledarna.se
Trade union for professionals in the private sector <i>Unionen</i>	www.unionen.se
Employer and trade organisation for the Swedish service sector <i>Almega</i>	www.almega.se

Banks

Handelsbanken*	www.handelsbanken.se
SEB	www.seb.se
Nordea	www.nordea.se
Swedbank	www.swedbank.se
Sparbanken Finn	www.sparbankenfinn.se
Färs och Frosta Sparbank	www.fofspar.se

*You are free to choose private bank on your own.

We would recommend Handelsbanken, Ideon, Lund, which has profiled their office to accommodate international employees in Lund. Contact information: www.handelsbanken.se/lund_ideon

Private insurance companies

Unemployment insurance for graduates, private insurance <i>AEA (Akademikernas A-kassa)</i>	www.aea.se
Folksam	www.folksam.se
Länsförsäkringar	www.lansforsakringar.se
Skandia	www.skandia.se
Trygg Hansa	www.trygghansa.se
If	www.if.se

Health Care

Region Skåne	http://www.skane.se/templates/Page.aspx?id=59162
Skåne University Hospital	www.skane.se/sus

Housing

Houses and apartments for sale	www.hemnet.se www.bovision.se
Estate Agents	www.svenskfast.se www.fastighetsbyran.se www.finnbostad.se
Apartments for rent in Lund	www.lkf.se www.jyma.se www.stenafastigheter.se www.tensorfastigheter.se
Second-hand leasing	www.bostaddirekt.se www.hyralya.se www.blocket.se www.andrahand.se
New productions of homes	www.jm.se www.peabbostad.se www.hsb.se

Furniture

Ikea (Malmö + web-shop)	www.ikea.se
Mio (Malmö)	www.mio.se
EM (Malmö)	www.em.com
Ilva (Malmö)	www.ilva.se
Miljögården (Lund)	www.miljogarden.se
Norrgavel (Malmö)	www.norrgavel.se

Second-hand buy/rent of almost everything

Blocket	www.blocket.se
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Household services

Hemfrid	www.hemfrid.se
Home Maid	www.homemaid.se

Private child care services

Child care help/Barnvaktis	www.barnvaktis.se
Child care help and help with school home work	www.citykids.nu

Transportation

Malmö-Sturup Airport	www.swedavia.se/sv/Malmo/Resenar/
Copenhagen-Kastrup Airport	www.cph.dk
Public Transport in Skåne <i>Skånetrafiken</i>	www.skanetrafiken.se
Trains in southern Sweden and Denmark <i>Öresundståg</i>	www.oresundstag.se
Long distance trains, Sweden <i>SJ</i>	www.sj.se
The Öresund bridge (Copenhagen-Malmö)	www.oresundsbron.com

Swedish language

Swedish-English Dictionary	http://lexin2.nada.kth.se/swe-eng.html
Swedish-English Dictionary	www.tyda.se
Swedish language instruction for immigrants (SFI)	www.lund.se/en/Komvux/Utbildningar/Sv/
Study Swedish in Lund, Folkuniversitetet	www.folkuniversitetet.se
Swedish as a foreign language, Lund University	www.sol.lu.se/sfs/?language=SE&expand_menu=22
Books about Sweden in language to suit you	www.swedenbookshop.com

English-speaking associations

The English National Association of Lund	www.thelundian.com
International Club of Skåne	www.icskane.com
American Women's Club Malmö	www.awcmalmo.com
Internations Malmö, Expat community	http://www.internations.org/malmo-expats

News/Magazines in English

Sweden's news in English <i>The Local</i>	www.thelocal.se
English magazine on lifestyle, pursuits & business in southern Sweden <i>The Scandinavian Insider</i>	http://sosmag.se
The Scandinavian lifestyle quarterly <i>Nordic Reach Magazine</i>	www.nordicreach.com
A magazine for non-Swedes <i>The Turnip</i>	www.theturnip.se

Municipalities (sw: *Kommuner*) and regional council

Lund	www.lund.se
Malmö	www.malmo.se
Region Skåne (regional council of Skåne)	www.skane.se

Getting to know Lund, Skåne, Sweden and Denmark

Lund the City of Ideas	http://www.youtube.com/watch?v=pY7zF5q96So
Malmö	www.malmotown.com
Skåne	www.skane.com
Sweden	www.visitsweden.com
Sweden	www.sweden.se
Sweden	www.sverigeturism.se
Hotels in Sweden	www.stayinsweden.com
Swedish Diplomatic Missions abroad	www.swedenabroad.se
Swedish Government	www.sweden.gov.se
Copenhagen	www.visitcopenhagen.dk
Denmark	www.visitdenmark.com

Partner and Children

Swedish education system

The Swedish National Agency for Education (Skolverket)	www.skolverket.se
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English-speaking schools

The International Pre-School in Lund	www.ipsl.se
Bilingual Montessori School of Lund	www.bmsl.se
International School of Lund	http://web.lund.se/default___28821.aspx
Bladins International School, Malmö	www.bladins.se
International Baccalaureate, Malmö	http://ib.borgarskolan.se
Söderkulla international school, Malmö	www.pedc.se/soder
International School of Helsingborg	www.is-hbg.se
International Schools of Skåne (south Sweden)	http://internationalschools.skane.com/

Play schools (Öppen Förskola) for young children accompanied by a parent or child minder

Kulans öppna förskola, Lund	http://www.lund.se/Barn--utbildning/Kommunal-forskoleverksamhet/Oppen-forskola/Oppen-forskola---Kulan/
Söderlek, Lund	http://www.lund.se/Barn--utbildning/Kommunal-forskoleverksamhet/Oppen-forskola/Oppen-forskola---Soderlek/
S:t Mikael, Lund	http://www.lundsdomkyrka.org/verksamhet/verks1.shtml

Look for work (partner)

Employment service <i>Arbetsförmedlingen</i>	www.arbetsformedlingen.se (When you are registered into Sweden and got a personal number, you can use the "Arbetsförmedlingens" services, free of cost. That includes a personal job coach.)
<i>European employment association</i>	http://ec.europa.eu/eures/
Web site Business Region Skåne	http://www.movingtosouthernsweden.com/
Recruitment sites	www.monster.se www.careerbuilder.se www.stepstone.se www.workey.se www.jobrapido.se www.offentligajobb.se
Recruitment agencies	www.manpower.se www.poolia.se www.adecco.se www.proffice.se

	www.academicsearch.se http://www.thelocal.se/jobs/ (Academic Search)
Search Consultants	www.alumni.se www.delectus.amrophever.se www.hudson.se www.neuhauser-falck.se www.thulin.se www.roxenius.se
English speaking jobs, Copenhagen/Malmö	www.jobsincopenhagen.com
Folders	http://www.arbetsformedlingen.se/download/18.4fd70913124390604db80001061/worksweden.pdf

Universities

Lund University	www.lu.se
Lund University, Faculty of Engineering	www.lth.se
Malmö University	www.mah.se
Kristianstad University College	www.hkr.se

Links for the international community in Skåne:

www.Internations.org

<http://www.icskane.com/>

www.ikf.se

http://www.expatwomen.com/countries/expat_women_living_in_sweden.php

<http://www.awcmalmo.com/>

<http://www.mah.se/Om-Malmo-hogskola/Internationalisering/INU/>

<http://expat.meetup.com/cities/dk/copenhagen/>

<http://www.meetup.com/The-Lund-Expat-Meetup-Group/>

<http://www.awcmalmo.com/>

<http://www.newcomersclub.com/se.html>

<http://www.mumsinsweden.com/>